

# St Clare's Catholic High School

Term 1, Week 2

Friday, 7 February 2014



Clare Connection

## From the Principal.....Mr R Muscat

Dear St Clare's Community,

Welcome to our new and existing families to an exciting school year. I hope your holidays were restful and enjoyable. I take this opportunity to announce new staff to St Clare's; Ms Acosta (Eng), Ms Bell (PDHPE/Maths), Ms Cahill (Science), Ms Gadzev (Diversity Team), Mr Geribo (Maths), Ms Grant (HSIE/RE), Ms Keogh (Learning Centre Supervisor), Ms McManus (Head of Teaching, Innovation & Diversity), Ms Millett (Eng/RE), Mr Mufale (Assistant Leader of Stage – Year 8), Ms Selmes (Diversity Team) and Ms Tangata-Toa (RE). Mr Vella has been appointed Acting Religious Education Coordinator for 2014.

At every possible time throughout this year we will remind ourselves as to

why we do what we do- *as a Catholic School of excellence and improvement that expects all staff and students to be reflective learners with a growth mindset*. Moreover, as we pursue our goals in improving reading, writing, problem solving (numeracy) and mirroring Christ through prayer, students and staff will apply the Learning Inquiry Model in implementing learning plans and achieving learning goals.

Many parents would have heard their children use terms like Learning Advisor, Learning Groups and the Learning to Learn programme over the last week. Changes in the pastoral arm of the school will allow for greater emphasis on the notion of personalised learning for student growth. Our aim is to have all students reflect more on how they learn which will mean students making right choices over why and when

they learn.

Finally, we launched the BYOT (Bring Your Own Technology) program at the end of last year. With the Commonwealth Government terminating the DER (Digital Education Revolution) 1:1 Laptop initiative, St Clare's is responding by allowing students to use a device that suits their learning needs and accommodate a personalised learning platform.

We look to St Clare for inspiration when she said:

*"May you go forward securely, joyfully and swiftly in the pursuit of that perfection to which the Spirit of the Lord has called you".*

God Bless.

## Dates to Remember:

Monday, 10 February	Year 7 Information Evening, 6—7pm
Tuesday, 11 February	Year 10 Information Evening, 6—7pm
Wednesday, 12 February	Prize Giving Ceremony, 8pm—9.30pm
Friday, 14 February	Blazer fittings from 9.30am—Uniform Shop Valentine's Day Store
Monday, 17 February	Year 8 Information Evening, 6—7pm
Tuesday, 18 February	Year 9 Information Evening, 6—7pm
Friday, 21 February	School Swimming Carnival
Wednesday, 26 February	Year 7 & 9 Vaccinations

175 Buckwell Drive HASSALL GROVE 2761/Locked Bag 1412 Plumpton 2761

Phone: (02) 9830 2400 Fax: (02) 9835 2539

Web: [clarehassallgrove.catholic.edu.au](http://clarehassallgrove.catholic.edu.au)

Email: [clare@parra.catholic.edu.au](mailto:clare@parra.catholic.edu.au)

## From the Assistant Principal..... Mr M Whitton

---

I extend a warm welcome back to all members of the Clare community. I trust that everyone had a relaxing break (even though it seemed to rush by much too quickly!). 2014 looks to be another huge year, however, that seems to be the case every year these days. In lots of ways, it will be a year of consolidation. Our focus on prayer formation continues to build, with this year's particular focus being on the value of Prayer in our daily lives, which is an effective value to follow the 2013 focus on teacher formation. Striving to be a peacemaker to one another is an ideal that we should all keep close to our hearts and will be a regular topic of conversation here at St Clare's this year. Our academic successes will continue to grow, as we continue with our implementation of Writing and Numeracy. We also have seven Year 10 students selected to commence Preliminary HSC studies in Legal Studies and Advanced English at Loyola Senior High School. Our continued emphasis on each and every student at St Clare's striving to achieve their personal best is of the utmost importance.

In terms of personal safety here at school, can I take this opportunity to remind both students and parents of the importance of taking care in Buckwell Avenue at the start and finish of each school day. The

pedestrian crossing near the school bus bay should be used by all students when crossing the road. Before and after school it is important that parents do not enter the school grounds to pick up their son/daughter. Please arrange to meet in the surrounding streets. The main car park and the back car park are not places where parents should be dropping off/picking up their child. Morning supervision commences at 7:55am. The school day ends at 2:30pm and staff are on supervision in the bus bay until 3:00pm. Could I also ask that parents discuss personal security with their children, so that our students are aware of their surroundings when travelling to and from school. We want our students to be safe at all times.

This year, our school day commences at 8:15am with our Learning Group. If a student is late, then they must report to the School Office at Student Services. Students must have a note that explains their lateness to school. We expect all our students to adhere to our school uniform and grooming policy as stated in each student's planner. As always, we appreciate your assistance in helping us to maintain a high standard of uniform worn by our students. When we work together, this is easily achieved and St Clare's students stand out in the community as young people to be admired.

This year we are commencing with a new structure around Student Wellbeing. Each Wednesday morning students will participate in a Learn to Learn class. The Students Wellbeing Program provides students with strategies to develop their living, learning and thinking power and provides you with the resources to help them!

Each week the program will focus on one of the five categories: Career and Management, Personal Health, Relationships, Research and operational skills and Study Techniques and Approaches.

The following procedure should be used when communicating with the school regarding academic and or student Wellbeing concerns.  
Academic: Classroom teacher, Leader of Learning, Head of Learning, Assistant Principal  
Student Wellbeing: Learning Advisor, Assistant Leader of Stage, Leader of Stage, Assistant Principal.

Please stay in touch with what is happening here at school by regularly checking the calendar on our school website, phone app and reading the school newsletters. As with every other year, 2014 promises to be filled with a variety of events.

Take care,

## From the (Acting) Religious Education Coordinator.....Mr M Vella

---

***Inspired ideas adapted from  
"Clare of Assisi- A heart full of  
love." by Sr. Ilia Delio.***

St Clare and St Francis left a world of status, wealth and security in their search for God. They found that poverty was something to be sought after as it demanded a total

dependence on the generosity of God and others for their very survival. This seems opposite to what most people value today. We want to be in control of our lives by having wealth. St Clare and St Francis however, found that through the Incarnation, God was able to empty self and become human like us in all things except sin and became Jesus. Being poor, Jesus was free to wander

around preaching, by words and actions relying on the donations of others. St Clare and St Francis tried to imitate his life and did as combined they revealed God through being masculine and feminine, active and contemplative, missionary and mystical. Francis was free to preach through an active lifestyle while Clare

remained for about forty years in her monastery. She wanted to be a missionary but the Church at that time did not want nuns to wander around preaching. Clare however, wrote widely and her word spread large distances and is still with us today. Some of her letters reached Agnes of Prague who like Clare was born into nobility and gave up all to follow in the footsteps of St Francis. In one letter Clare tells Agnes to “gaze upon him (Jesus), consider him, contemplate, as you desire to imitate (Him).” She challenges us as well to look at the life of Jesus, consider his words and actions and follow his

example. If we live as Jesus lived then we would reflect his life to all we meet. St Francis said preach to others and if you have to, even use words. Our actions should speak much louder than words.

St Clare was a very determined woman. She was the first woman in history to create the rule for her sisters and stood her ground when the Church at the time wanted to make life for her easier. For her poverty was the key to generosity and dedication to others for their well-being and relationships, dependence on God

and imitation of Jesus.

*Dear Lord, both St Clare and St Francis left a world of status, wealth and security in their search for you. Help us realise that we need others for healthy living. Keep our eyes open to the trap of thinking that money, power or status will bring us happiness. Help us accept that healthy relationships occur when we value ourselves and others. Help us realise that in life, it's not the size of your house that will lead to joy but the size of your heart in relationship with others.*

## From the Head of Learning....Mr D Wales

Dear parents, carers and students of the St Clare's community

Welcome to another year of learning!

I am very pleased to announce that St Clare's Catholic High School has begun its implementation of Bring your own Technology (BYOT). Therefore, all St Clare's students are now permitted, just as they are now

encouraged, to bring their own mobile computing device to school to use, as a tool to enhance their learning. Of course, the teaching staff of St Clare's recognises that some parents might not be able to afford suitable technology for each of their children. With this in mind, please note that such technology, whether through a

laptop or an iPad, is provided, as required, for these children to utilise during lessons, whilst they are at school.

I wish you and your family a safe, happy and productive school year.

Best wishes and prayers

## TAS Packs

Year 7 students can now purchase the TAS Packs. Payment should be through the school office. The student will show the receipt to their teacher as proof of purchase to receive their TAS packs.

7 Food—\$15  
8 Timber—\$12

**Mr B Chhabra**

9 Timber \$12  
10 Timber \$12

## Homework Club

Starts Week 3, Tuesday & Friday during lunch time.

All welcome for homework and assessment help.

**The diversity Team**

## Stage 4 – 2014

The beginning of the 2014 school year at St Clare's has been filled with many changes, especially for our Year 7 students. Moving from primary to high school is a transition that offers many different experiences and challenges. It's important to remember that during the first few weeks in a new school there are things that can be done to make a smooth transition. This is also relevant for the Year 8 students who are getting used to new routines and classes.

Remember first and foremost to **be patient** – it will take you a while to get to know all your new teachers, peers, subjects and routines. Things will fall into place for you at St Clare's if you just give them time. **Talk to people** – keep in touch with old friends who may be at a different school, make new friends, talk to your family about the new experiences you are having at your new school, things you are excited or concerned about.

A new year is a new opportunity. I encourage all students in Stage 4 to use 2014 as an opportunity to be the best learner they can be, to set themselves goals and remain focused on achieving those goals throughout the year. You have the assistance and guidance of myself, Ms Ruff, as your Leader of Stage 4, Ms Baker, Year 7 Assistant Leader of Stage and Mr Mufale, Year 8 Assistant Leader of Stage and your Learning Advisors and teachers to help you navigate your way through the year.

## From the Business Manager.....Mrs K Parker

---

### School Fees

Term 1 school fee statements were posted on February, 7 2014 (unless a prior arrangement has been made).

If you would like to discuss your fee account, please phone our finance department on 9830 2400.

A reminder also to families who wish to set up a Flexible payment Plan by BPAY that they must do so by Friday, 7 March.

### Transferring Schools

Parents, we understand that there may be circumstances which may necessitate your changing address and so impact on where your child attends school. If such a situation arises we ask that you give a term's notice in writing to the Principal before the removal of a student. Failure to give such notice will

result in a full term's fees being payable.

Having ample warning of any intended discontinuation of enrolment allows the school to offer the position to someone who may have been on the enrolment waiting list.

We thank you for your understanding in this matter.

## From the TAS teacher....Mrs K Andonopoulos

---

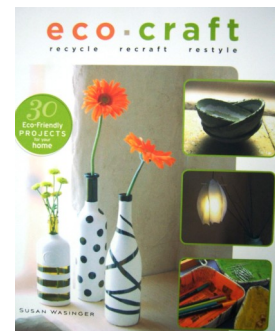
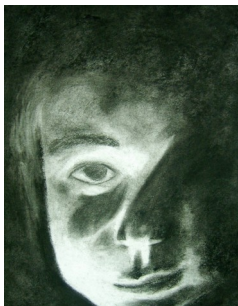
In Term 4, 2013 Year 9 Visual Arts students were encouraged to enter an art completion at Blacktown Arts Centre.

As part of the process students were required to nominate a work they wished to enter. They were also asked to develop an artist statement to accompany the work. An artist statement provides the

gallery and patrons a general overview of the artist, the inspiration that drives their art practice and the materials used to produce the work.

It is with genuine delight that we are able to announce that Glyzelle Alano won the prize for the 15 years age category. To acknowledge this

achievement Blacktown Arts Centre has presented Glyzelle with an award certificate and book gift. We congratulate Glyzelle and whole heartedly commend all the students who entered the art prize.



## From the Communication Leaders

---

To our new students, parents and staff, welcome to the St Clare's school community. To our old students, parents and staff, welcome back! We are Samantha Micallef and Tori Barendregt, your Communications Leaders for 2014. Each fortnight, in the newsletter, we will be discussing current events and issues within our school community, as well as what students have been learning in the classroom.

2014 is set to be a year full of exciting

events and programmes within our school. We look forward to the Swimming and Athletics Carnivals, PDSSSC representative sport, Captivate Dance, Debating, Public Speaking, Tournament of Minds, the Cross Country Carnival, St Clare's Day, Harmony Day and the Winter Sleepout, as well as the newly-introduced Challenge Programme and Preliminary Subject Acceleration Programme (for Year 10).

As Communications Leaders, we are

tasked with the responsibility of being a voice for the student body and keeping everyone fully informed of what's going on at St Clare's. We are both very excited for the year ahead, and are very much looking forward to working with the rest of the Student Representative Council to make our school a better place for all to learn and be safe.

Best wishes for the coming school year!

- **Sam and Tori**

## Uniform Shop

---

Tuesdays - 8.00am - 1.30pm  
Thursdays - 12.00noon - 3.00pm  
Colebee Crescent Car Park Entrance  
Phone: 9835 2718

There will be blazer fittings on Friday, 14 February from 9.30am at the Uniform Shop.

It is suggested that all students try their

blazers prior to the fitting date, to ensure that the blazers still fit, ready for Term 2.

## Valentine's Day Store

In the lead up to Project Compassion the Social Justice Team have decided to run a Valentine's Day Store on Friday, 14 February.

Orders will be taken from next Tuesday, 11 February, lunch time at the Town Square.

Chocolate Roses—1 for \$2.00 or 3 for \$5.00

Assorted Chocolate Bundles from \$2.00 to \$5.00

Raffle— Valentine's Day Hamper—1 ticket for \$2.00 or 3 tickets for \$5.00.

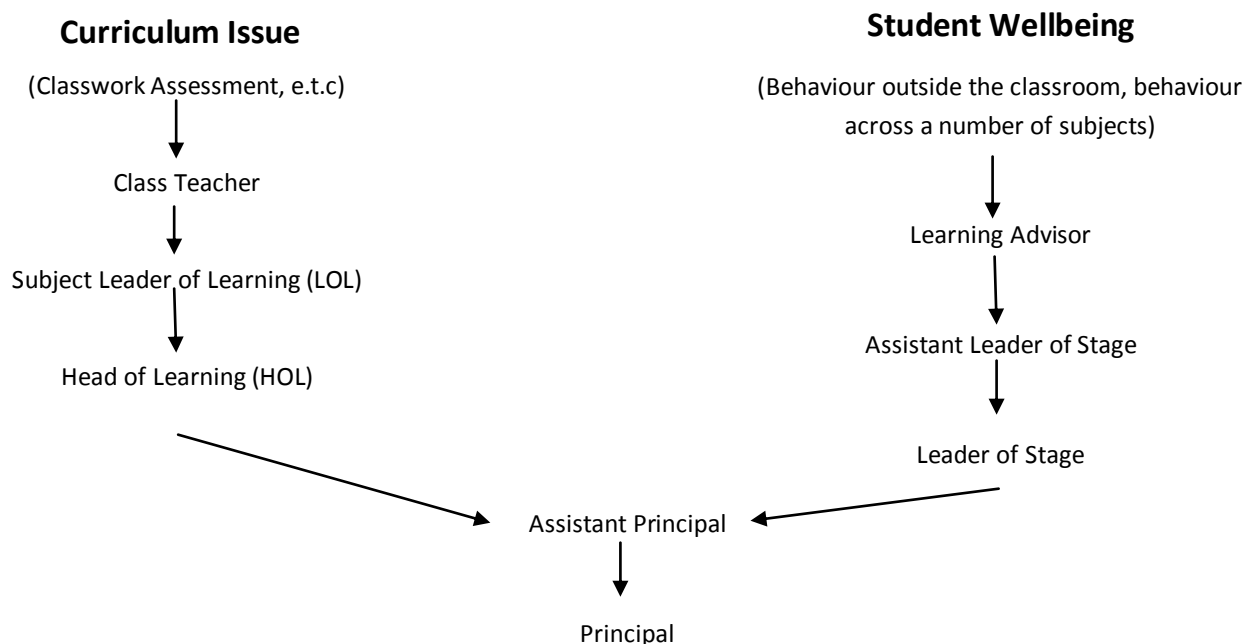
All money raised will go towards Project Compassion 2014.

**Miss M Mutabdzija**



## Lines of Communication

Communication is extremely important. For issues to be dealt with efficiently, it is advisable to follow the lines of communication below.



## PDSSSC Dance Team 2014

The dance team had sign ups on Wednesday and resumed training on Thursday after school. This year we hope to have Cheerleading, Sports aerobics, Jazz, Hip Hop, Solo and Cultural acts. We look forward to competing later on in the year and to some exciting news about our achievements

**Mrs S Indrele- Dance Teacher**

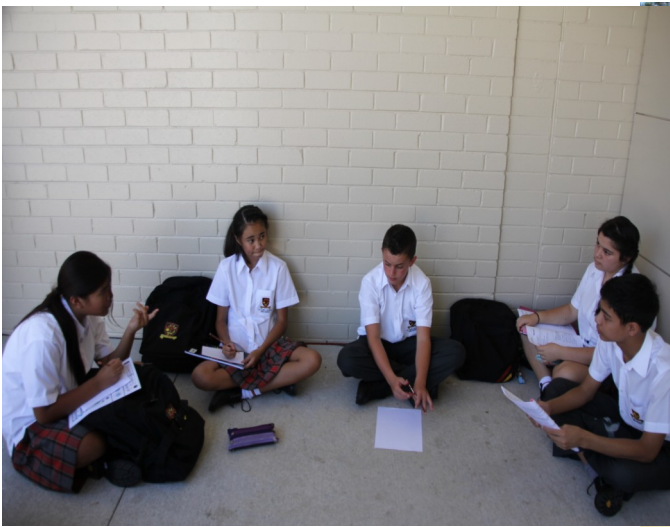




## 2014, Year 7 students' first day of school











**Hot Food**  
Bacon Roll (A)  
Bacon Egg Roll/Wrap (A)  
**Breakfast Meal Deal (A)**

Toasted Sandwiches (G)

Toast (G)

**Healthy Start**  
Fresh Fruit Salad (G) (GF)  
Yoghurt & Muesli (G) (GF)  
Yoghurt & Berries (G) (GF)  
Fruit (G)

Cereal & milk (G)  
Smoothies (G)



**Gourmet Burger (A)**  
Chicken Caesar Burger (A)

Veggie Burger (G)

Peri Peri Portuguese Burger (A)  
Chicken Burger (A)  
Hot Chicken Schnitzel Roll (A)

Sweet Chilli Chicken Tender Roll (A)

**Hot Meals**

**Pasta**

Lasagne (G)

Pasta (Penne) (G)

Fettuccine Boscicola (A)  
Spaghetti Bolognese (G)  
Special Fried Rice (G)

Butter Chicken (A)

Satay Chicken (A)

Curry Chicken (A)

Mongolian Beef (A)

Pies

Lean Beef Pie (A)

Lean Sausage Rolls (A)

Lean Shepherd's Pie (A)

Spinach & Ricotta Roll (A)

**Hallal Pies**

Beef Pie (A)

Potato Pie (A)

Chicken Pie (A)

Sausage Roll (A)

**Honne Made Pizza Slab**

Margarita (G)

Vegetarian (G)

Hawaiian (G)

**Breakfast**

Egg & bacon roll or wrap & small flavoured milk  
Toasted banana bread & small flavoured milk  
Toasted ham, cheese & tomato sandwich & small flavoured milk

Cheese

Ham & cheese

Ham, cheese & tomato

Jam or honey

Seasonal Fruit & Yoghurt

Fruit available daily

Fresh Fruit Salad

Assorted

**Hot Bar**

Fresh beef, onion, bbg sauce, beetroot, tomato, lettuce & cheese  
Grilled chicken, Caesar dressing, bacon, croutons & cos lettuce

Chickpea & lentil pattie, yoghurt, avocado, beetroot, alfalfa & cheese

Portuguese chicken, peri peri sauce, lettuce, tomato & cheese

Fresh chicken pattie, lettuce & mayo

Chicken schnitzel, lettuce & mayo

Sweet chilli chicken, lettuce & mayo



**Salads**

Greek Salad (G) (GF)

Chicken Avocado pasta salad (G)

Tuna pasta salad (G)

Pesto pasta salad (G)

Pumpkin Salad (G)

Garden Salad (GF)

Potato Salad (G) (GF)

Chicken Caesar (G)

Green Bean (G) (GF)

**Sandwich Bar**

Chicken (G)

Turkey (G)

Cheese Tomato (G)

Smoked Ham (G)

Chicken schnitzel (G)

Salad (G)

Egg (G)

Mayo, cucumber, Spanish onion & cheese

Grilled eggplant, lettuce, sundried tomato, roast capsicum

White, wholemeal or multigrain

Wrap

White roll

Turkish/Focaccia

**Turkish Breads**

Chicken Schnitzel Delight (A)

Chicken Delight (A)

Olives, artichokes, roast capsicum & fetta cheese

Eggplant, sundried tomatoes, roast capsicum & cheese

Smoked ham, sundried tomatoes, olives & cheese

Roast turkey, cranberry sauce & cheese

**Cold Bar**

Chicken Teriyaki (G)

Tuna (GF) (G)

California Roll (G)

Vegetable (GF) (G)

Vietnamese rice paper roll (G)

- Sweet chilli chicken, salad & cheese

- Chicken Caesar, croutons, bacon, cheese & Caesar dressing

- Falafel, tabouli, cucumber, lettuce & hummus

- Chicken tandoori, yoghurt, cucumber & lettuce

- Chicken schnitzel, tabouli, hummus, tomato & lettuce

Wraps (G)



**Cold Drinks**

Juice 250ml (G)

Juice 500ml (A)

Water (G)

Milks - Low Fat (G)

300ml (G)

600ml (G)

500ml Dare (A)

Flavoured Milkshakes (A)

Ice Tea (A)



**Beverages**

Orange, orange mango, orange passionfruit, apple

Orange, orange mango, orange passionfruit, apple

Spring water sports cap 1ltr

Chocolate, strawberry, iced coffee, banana

Chocolate, strawberry, iced coffee, banana

Espresso or Mocha

Chocolate, strawberry, vanilla, caramel

Lemon, mango, peach or green citrus



**Weekly Meal Deals** (available all term)

**\$4.00**

or

or

or

or

**\$5.00**

or

or

or

or

**\$6.00**

or

or

or

or

